

# Stickney Tree Tops Kitchen

Recipes Shared by Our School Cook

## Frozen Fruit Skewers

Prep time: 10 mins.

Freeze time: 1 hour

Serves: As many people as you like!

### Ingredients

Use whatever fruit you like best, I like to use the following;

Melon

Pineapple

Grapes

Strawberries

### Method

- Wash/peel the fruit and cut into cubes of similar size
- Place 2 pieces of fruit onto each skewer, alternating colours as you go
- Put completed fruit kebabs onto baking parchment and wrap in cling film
- Freeze for 1 hour before serving

Enjoy!

Top tip – These can be made in bulk and frozen for up to two weeks.



A delicious, healthy and cooling recipe that children will love helping prepare.

Perfect to enjoy on a hot summer's day!